

DELIVERY MENU

# Source™ ...

**DELIVERING GREAT FOOD  
TO YOUR OFFICE**



DISCOVER OUR SALAD RANGE

- ▶ New salads
- ▶ New platter toppings
- ▶ New packaged salads
- ▶ Create your own platter

*... real food made easier*

# BREAKFAST

## CROISSANTS & MUFFINS

All our pastries are freshly baked for you on the day.

**Chocolate and almond croissant platter.**  
9 pieces **£21.00**

**Butter croissant platter.** 9 pieces **£16.25**

**Mini pastry platter.** 12 pieces **£18.50**

**Luxury mini Danish pastries** 16 pieces **£21.00**

**Chocolate twist platter.** 7 pieces **£23.00**

**Bran & carrot muffins platter.** 8 pieces **£23.50**

## HOT SANDWICHES

We can provide a range of hot sandwiches and muffins such as egg, bacon, tomato and sausage.

Please email us for details

## COLD BUFFET

Served from self-service bowls, our granola, yoghurt and compote contain about 8 servings each.

**Cinnamon & raisin granola.** **£3.25**

**Natural yoghurt.** **£5.00**

**Summerfruit compote.** Freshly made in our kitchen this delicious compote contains a selection of summer fruits; dried apricots; cranberries; walnuts and sultanas. **£9.00**

**Individual breakfast pots.** All contain yoghurt, granola and compote/honey. Varieties include: apricot; raspberry; blackcurrant; honey. **£2.25**

**Fruit platter.** An exotic range of fruit – freshly cut. We use seasonal fruit, but includes fruit such as kiwi; pineapple; melon & berries. Ideal for 8 people. **£26.00**

**Individual fruit.**

Bananas, apples, pears, satsumas, etc. **£0.75**

# SNACKS & NIBBLES

## SAVOURY

These snacks are ideal for drink & nibble functions as well as lunch orders. Served in a bowl.

**Crisps.** Cheese & onion; sea salt; salt & vinegar; sweet chilli. **£2.75**

**Popchips.** Salt & pepper; BBQ; salt & vinegar; sour cream & onion. **£3.90**

**Tortilla chips.** Served with: Salsa. **£5.00**, Houmous. **£4.75**, Red pepper tapenade. **£5.50**, Guacamole. **£5.50**

**Bar mix.** Assortment of flavoured nuts and spicy crackers. **£7.25**

## SWEET

**Cake platter.** 20 handmade mini cakes – lemon drizzle; fruit cake; carrot cake; chocolate cake and coffee cake. **£25.50**

**Treat platter.** These contain a range of bite sized treats – flapjacks; millionaire shortbread; brownie and chocolate biscuit bar. 30 pieces. **£23.00**  
Bowl of 12 pieces. **£9.50**

**Tart platter.** Treat your office to something special, these fabulous tarts are handmade and come in various flavours. 12 pieces. **£30.50**

**Handmade biscuits.**

Ideal for tea and coffee. 4 biscuits. **£4.00**

**Brownie platter.**  
30 slices **£23.00**  
Bowl of 12 pieces. **£9.50**

## INDIVIDUAL TREAT

**Flapjack.** Butter; date & honey. **£1.85**

**Caramel chocolate bar.**  
**£1.85**

**Dark chocolate crunch bar.** **£1.85**

**Chocolate chip shortbread.** **£1.85**

# DRINKS

## HOT DRINKS

Our tea and coffee is freshly made. We provide disposable cups, sugar, milk portions and stirers.

**Tea.** Contains 8 cups. Teapigs 'Everyday Brew' or mixed tea. **£12.00**

**Fresh coffee.**  
Contains 8 cups. Freshly brewed. **£12.00**

## COLD DRINKS

**Fresh juice.** (250ml) Apple; orange **£1.65**

**Cold Press Juices.** Beetroot, carrot, lemon; celery, cucumber, lemon; coconut, pineapple, banana; pumpkin, ginger, carrot. **£2.35**

**Large juice cartons.** (1litre)  
Apple; orange. **£2.30**

**Coke; Diet Coke; Sprite; Fanta.** 330ml **£0.95**

**Belvoir presse.** 250ml bottle. Elderflower; lemonade. **£1.90**

**Highland Water.**  
500ml, still or sparkling **£0.80**  
1.5 litre, still **£1.60**

## WINE & BEER

A wide range of wine is available on request

**Peroni.** 330ml bottle. **£2.00**

**Corona.** 330ml bottle. **£2.00**



## PICK AND MIX SALAD SHARING PLATTERS

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### CHOOSE YOUR SALAD

Choose up to 4 types of salads for each platter for your perfect combination.  
This will provide 1kg of salad - usually enough for 4 people.

#### SUPER GRAINS

Quinoa, lentil & bean  
£3.75

Quinoa & cranberry  
£4.00

Red rice, seed & fruit  
£3.50

Wheatberry & slow  
roast vegetable £4.50

Wheatberry, pea &  
broccoli £4.00

Barley & broccoli £4.50

Couscous salad £3.75

#### FRESH & CRUNCHY

Grated carrot salad £3.30

Greek salad £5.50

Beetroot & chickpeas  
£4.20

Green salad £6.50

Krautsalat £3.20

Spicy carrot £3.35

#### WELLNESS COLLECTION

Three bean £4.40

Chickpea salad £4.00

Green lentil salad £4.00

Falafel & pepper £4.65

Lentil and couscous £4.50

#### IDEAL SIDES

Classic potato salad £3.50

Green potato salad £3.60

Deli style coleslaw £3.10

Spicy slaw £3.40

Edamame & sauerkraut  
£3.40

Beetroot & apple £4.25

Basil Pesto Pasta £4.45

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### CHOOSE YOUR TOPPING

Give it a personal touch by adding one of these toppings

Hard boiled eggs £2.40

Goats cheese £3.20

Shredded Italian style  
chicken £5.50

Feta £4.50

Cherry tomatoes £4.70

Mozzarella balls £4.00

Salmon £6.90

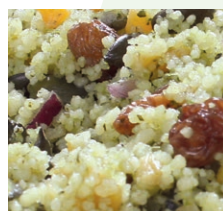
Prociutto £7.50

Courgette & pea  
fritters £5.25

Beetroot falafels £5.20

Chickpea falafels £3.25

Grilled Halloumi £3.70



## ANYA'S WAY SET PLATTERS

In a hurry? Choose from our set salad platters.  
The platters are approx. 800g and are ideal for about 4 people

Couscous & wheatberry with roast vegetables and shredded chicken **£21.00**

Greek salad with spicy slaw and sweet chilli peppers **£19.00**

Quinoa salad with falafels **£17.50**

Barley & quinoa with courgette & pea fritters **£20.50**

Houmous, falafel and seeds **£20.50**

Fruity red rice and lentil salad with roast vegetables **£19.50**

## INDIVIDUAL SALADS

### LARGE SALAD BOX

These salads are approx. 275g in a large salad box – ideal for training sessions

Couscous with shredded chicken **£5.45**

Fruity red rice with beetroot falafel **£4.95**

Wheatberry and 3 bean salad with houmous **£4.80**

Barley salad with courgette & pea fritters **£4.95**

Greek salad with spicy slaw and sweet chilli peppers **£5.25**

### SMALL SALAD BOX

These salads are about 250g packed in a plastic pot – great for informal meetings

Lentil & feta **£4.20**

Pesto pasta and cherry tomatoes **£3.60**

Barley broccoli and egg **£3.90**

Fruit couscous and prosciutto **£4.40**

Pepper, falafel and chickpea **£4.60**

Quinoa, lentil and beetroot falafel **£4.10**

Quinoa & fruit with mozzarella balls **£4.15**

Fruity red rice with sweet chilli peppers **£3.70**

## LUNCH

### ASSORTED PLATTERS

Combination of wraps, sandwiches and baguettes – contains 17 pieces.

#### Assorted vegetarian sandwich platter.

Cheddar & coleslaw sandwich; brie & beetroot chutney sandwich; egg & chive white baguette; feta & olive wrap. **£14.50**

#### Assorted meat & fish sandwich platter.

BLT sandwich; chicken & mushroom sandwich; tuna, rocket & herb mayo baguette; peri peri chicken wrap. **£15.50**

#### Assorted meat, fish & vegetarian sandwich platter.

Tuna, rocket & herb mayo sandwich; egg & chive sandwich; coronation chicken baguette; chicken & herb mayo wrap. **£15.25**

### SANDWICH PLATTERS

16 quarters on malted brown bread. Gluten free sandwiches available on request.

#### Vegetarian sandwich platter.

Brie & beetroot chutney; goat cheese & pear chutney; egg & chive; roast vegetable & red pepper tapenade. **£14.25**

#### Meat & fish sandwich platter 1.

Chicken club; BLT; ham, cheese & pickle; tuna, sweetcorn & cucumber. **£15.00**

#### Meat & fish sandwich platter 2.

Chicken & mushroom; tuna, rocket & herb mayo; brie & bacon; salmon & gherkin. **£15.75**

#### Meat, fish & vegetarian sandwich platter.

Turkey & bacon; cheddar & coleslaw; BLT; salmon & gherkin. **£14.50**

### BAGUETTE PLATTERS

White platters contain 20 pieces, brown contain 15 pieces.

#### Vegetarian white baguette platter.

Mozzarella, rocket, basil & tomato; roast vegetable & guacamole; emmental & tomato; egg & chives. **£14.00**

#### Vegetarian artisan brown baguette platter.

Ploughman's; roast vegetable & falafel; Stilton & watercress; goat cheese & pear chutney. **£18.25**

#### Meat & fish white baguette platter.

Ham, cheddar & pickle; salami, emmental & gherkin; beef & mustard; tuna, sweetcorn & cucumber. **£15.00**

#### Meat & fish artisan brown baguette platter.

Prosciutto, mozzarella & rocket; salmon, egg & mixed leaves; chicken club; beef, watercress & mustard. **£20.00**

## OPEN SANDWICHES

A selection of open sandwiches served on rye bread. Contains 24 pieces.

**Meat & fish open sandwich platter.** Tuna & herb mayo; ham & coleslaw; beef, mustard mayo & gherkin; egg mayo, salmon & chive. **£21.00**

**Vegetarian open sandwich platter.** Houmous, feta & black olive; goats cheese, pear chutney & rocket; red pepper tapenade, roast vegetable & falafel; coleslaw, mature cheddar & chive. **£21.00**

## SUSHI

All with ginger, wasabi and soy – other sushi available on request. Please note that this must be ordered by 10.00am the working day before.

### Fish sushi x 20 pieces.

A beautiful selection of fish nigiri and an assortment of large and small maki rolls. **£33.00**

### Vegetarian sushi x 20 pieces.

This vegetarian tray contains a lovely selection of large and small rolls including inside-out maki rolls. **£33.00**

## WRAP PLATTER

Contains 20 pieces.

### Wrap platter 1.

Club; feta; ploughmans; Jamaican jerk chicken; green Thai chicken. **£20.50**

### Wrap platter 2.

Ploughmans; feta; peri peri; chicken tikka; teriyaki chicken. **£20.50**

## SHARING PLATTERS

These are best when accompanied with other choices. NB – served cold

### Vegetarian antipasti platter.

A range of easy to eat vegetarian antipasti and other delicious nibbles. Contains – mini sweet chilli peppers, artichokes, carrot batons, mixed marinated olives, mini crisp breads with houmous and red pepper tapenade for dips. **£20.50**

### Meat & cheese platter.

A combination of cheese and sliced meats – mini sweet chilli peppers, prosciutto, cheddar, mini mozzarella balls, chorizo, salami and pear chutney with mini crispbread. **£24.00**

### Charcuterie platter.

A selection of sliced cold meats – chorizo, ham, salami, prosciutto with mixed marinated olives, mini sweet chilli peppers and cherry tomatoes. **£24.50**

### Cheese platter.

A combination of carefully selected cheeses – feta, brie, cheddar, mini mozzarella balls, blue Stilton and goat cheese, served with mini crispbread and pear chutney. **£26.50**

**Crudités platter.** A range of salad and vegetables cut into crudités with houmous, red pepper tapenade and mint & yoghurt dips. **£20.00**

**Shredded chicken platter.** Great for carnivores – contains enough Italian style chicken for 4, served on a bed of green leaves and roast vegetables. **£22.00**

**Indian platter.** 25 bite sized snacks – onion bhajis, vegetable pakoras and vegetable samosas with mint & yoghurt dip and mango chutney. **£22.50**

**Greek platter.** Inspired by Greece – mini sweet chilli peppers, ribbon courgette, goat cheese, mixed marinated olives, cubes of feta, roasted red peppers. Served with crispy tortilla wraps and mint & yoghurt dip. **£23.25**

**Chinese platter.** Inspired by China, contains 10 pieces of each – sweet & sour money bags; vegetable spring rolls and prawn wontons. Accompanied by hoisin and sweet & sour sauces. **£22.00**

**Thai platter.** A range of very popular Thai inspired nibbles – 4 duck spring rolls, 4 chicken satay sticks and 8 mini vegetable spring rolls. Served with chilli sauce and hoisin sauce. **£22.50**

## HOT LUNCH BOX

We can provide a range of our popular hot lunch boxes for next day delivery. The meals are served with basmati rice in a 'hot box', a minimum order of 4 boxes of the same variety.

**Green Thai chicken curry. £7.00**

**Chicken & cashew nut. £7.00**

**Chicken tikka masala. £7.00**

**Chicken korma. £7.00**

**Vegetable jalfrezi. £6.50**

**Channa masala. £6.50**

With a longer lead-time, we can also provide the following:

**Thai pork and ginger. £7.25**

**Chicken & mixed mushrooms. £7.25**

**Chicken Madras. £7.00**

**Karahi chicken. £7.00**

**Tarka daal. £6.75**

For larger events we would provide the meals in 'chafing' dishes where we would serve you buffet-style.

# ORDER YOUR FOOD



## FREE DELIVERY\*

Place your order before **2.30pm** for free next working day delivery.

For salads and sushi orders the cut off time is **10.00am**  
for next working day delivery.

You can either specify the products you require or if you are unsure, outline your requirements and we will suggest a menu.

Please email your order to:  
**deliveries@sourcefood.co.uk**

Or call us on  
**020 8568 6562**

## BESPOKE ORDERS

If the food on this menu does not meet your requirements  
we will do our best to help.

Please email an outline of what you require and we will be in touch with a proposal. We will work with you every step of the way to ensure the menu we develop is tailored to your needs.

Please note that a surcharge may be added to your invoice for any change made to any of the items on the menu.

We will always confirm your order by email prior to the delivery. We aim to deliver your food 30 minutes before your requested time. Our food can be kept out of refrigeration for up to 2 hours. When arriving at your office we will ask where you would like the food delivered to. We will offer to set the food up and arrange it to your requirements. Orders placed after 2.30pm may be delivered – however a reduced range will be offered, please call us on 020 8568 6562 for confirmation. Orders that have been confirmed can be cancelled up to 10.00am the day before.

Please note that this menu is valid until 31st December 2018. All prices are net and subject to VAT which will be added to your invoice.

\*Free delivery within 3 miles from our kitchen in TW8 8LG

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## FEEDBACK AND CONTACTS

We hope you enjoy our menu – please do not hesitate to contact us for more details or if you have any feedback about our food.

For orders – [deliveries@sourcefood.co.uk](mailto:deliveries@sourcefood.co.uk) or 020 8568 6562

Our kitchen is located at Brentford Business Centre, Brentford, TW8 8LG.